



Kid Tested Chicken Salad



ingredients

- 1 large Honeycrisp apple
 - Bunch of grapes
 - 3 Persian cucumbers
 - 1 grilled chicken breast
 - 1/4 cup craisins
 - 1 cup cubed cheddar cheese
 - 1 8 ounce container of light sour cream
 - 1 cup mayonaise
 - 1 package Uncle Dan's ranch mix
- Optional ingredients:
- 1/2 head romaine lettuce
 - 1 avacado
 - Honey roasted pecan pieces

directions

1. Cut the apple and chicken into bite sized chunks.
2. Peel cucumbers and slice.
3. You can cut the grapes in two or leave them whole.
4. Place sour cream and mayonnaise in blender with the Uncle Dan's ranch mix and blend until smooth.
5. Place all the ingredients into a bowl and toss with Uncle Dan's ranch dressing.
6. You can increase or decrease the amounts, depending on your kid or adults favorite.
7. Try adding a fresh avocado, or sprinkling with honey roasted pecans.

Makes four servings.