SAVORY RECIPE

Pasta e Fagioli Soup





ingredients

- 1 cup Ditalini pasta
- 2 tablespoons olive oil, divided
- 1 pound spicy Italian sausage, casing removed
- 5 garlic cloves, minced
- 1 sweet yellow onion, diced
- 3 carrots, peeled and diced
- 2 stalks celery, diced
- 3 cups chicken broth

- 1 16 ounce can tomato sauce
- 1 16 ounce can diced tomatoes
- 1 tablespoon fresh basil, minced
- 3/4 teaspoon dried thyme
- Salt and pepper to taste
- 1 16 ounce can red kidney beans
- 1 16 ounce can white navy or Cannellini beans

directions

- 1. Cook pasta according to package directions. Rinse with cold water and drain well. Set aside.
- 2. Heat 1 tablespoon of the olive oil in a large pot and add the Italian sausage.
- 3. Cook sausage until browned. Crumble as it cooks. Drain off all excess fat and remove from pot.
- 4. Add remaining 1 tablespoon oil to the pot and stir in garlic, onion, carrots and celery. Cook until tender.
- 5. Stir in chicken broth, tomato sauce, diced tomatoes, spices, Italian sausage and 1 cup water.
- 6. Season to taste with salt and pepper.
- 7. Bring to boil and reduce heat and simmer until veggies are tender, about 15 minutes.
- 8. Drain and rinse the canned beans.
- 9. Stir the pasta and beans into the pot and heat through.
- 10. Serve hot with fresh bread sticks or Italian bread.