

# **EPICUREAN DELIGHTS**

**SWEET & SAVORY CLASSES** 

# Beach Themed Sugar Cookie Class

with Chef Michele Sweeney

#### **Stay Connected!**

Email: <u>michele@epicdelights.com</u>
Web: www.epicdelights.com

Insta: @epicureandelights #epicureandelights #zoombaking

TikTok: @epicureandelights FB: @epicdelights

#### **Pre-Class Mise en Place & Notes**

You will find what you need to do prior to class for prep below.

#### **Prior to Class Prep:**

Shop for items on the pages that follow.
Check that you have all necessary equipment available to you.
You will need room in your fridge or freezer so be sure you have some space available day of class.
Watch any recipe videos prior to starting the class.
Prep all your ingredients for any recipes prior to class. This will make it easier to follow along and ensure that you do not fall behind. You can pre-measure into ziplock bags or Tupperware or glass measuring containers.
Be sure to have something handy to take notes on. If you have questions about the class be sure to jot them down and post them in the forum after class for answering or email <a href="mailto:michele@epicdelights.com">michele@epicdelights.com</a> with your questions.

See you in class!

# **Project & Equipment Needs**

Below is a list of items you'll need for class. Please email me with any questions you have: <a href="michele@epicdelights.com">michele@epicdelights.com</a>

#### **Project Items**

<ul> <li>Baked/Premade Items:</li> <li>□ Pre-baked cookies (Cookie cutters: Flip Flop, Bikini, Surf Board, Swim Trunks, Sunglasses, Dragonfly, Beach Shovel, Anchor, Watermelon Accent Cookie, Pineapple Accent Cookie, Starfish Accent Cookie, Pineapple Accent Cookie)</li> <li>□ Royal Icing in the colors of your choice.</li> </ul>
Flip Flop Cookie:  Flip Flop Cookie Cutter  Sugar Flowers from our shop Royal icing Colors in your colors of choice Tip #3 (outline) or tip-less bag Piping Bags & Couplers if using tips
Bikini  Bikini Cookie Cutter  Royal icing Colors in your colors of choice  Tip #3 (outline) or tip-less bag  Piping Bags & Couplers if using tips
Swim Trunks  Swim Trunks Royal icing Colors in your colors of choice Tip #3 (outline) or tip-less bag Piping Bags & Couplers if using tips
Surf Board  Surf Board Cookie Cutter  Royal icing Colors in your colors of choice  Tip #3 (outline) or tip-less bag  Piping Bags & Couplers if using tips
Sunglasses  Sunglasses Cookie Cutter Royal icing Colors in your colors of choice Tip #3 (outline) or tip-less bag Piping Bags & Couplers if using tips
Beach Shovel  ☐ Beach Shovel Cookie Cutter ☐ Royal icing Colors in your colors of choice ☐ Tip #3 (outline) or tip-less bag ☐ Piping Bags & Couplers if using tips

# **Project & Equipment Needs Cont**

Dragonfly		
	<u>Dragonfly Cookie Cutter</u>	
	Royal icing Colors in your colors of choice	
	Tip #3 (outline) or tip-less bag	
	Piping Bags & Couplers if using tips	
An	chor	
	Anchor Cookie Cutter	
	Royal icing Colors in your colors of choice	
	Tip #3 (outline) or tip-less bag	
	Piping Bags & Couplers if using tips	
<b>~</b> :	C   D	
	arfish, Pineapple & Watermelon Accent Cookie	
	Round cookie cutter of your choice	
	Round cookie cutter of your choice Starfish, Watermelon and Pineapple Sugar Accent from our shop	
	Round cookie cutter of your choice Starfish, Watermelon and Pineapple Sugar Accent from our shop Royal icing Colors in your colors of choice	
	Round cookie cutter of your choice <u>Starfish</u> , <u>Watermelon</u> and <u>Pineapple</u> Sugar Accent from our shop Royal icing Colors in your colors of choice Tip #3 (outline) or tip-less bag	
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# **Equipment Needed**

Below is a list of tools you'll need for this class. Please email me with any questions you have: <a href="mailto:michele@epicdelights.com">michele@epicdelights.com</a>

Bakeware:  1 - half sheet baking sheet or cookie sheet
Cutlery  ☐ Knifes (pairing and general purpose kitchen knife) ☐ Cutting Board ☐ Scissors
Tools/Gadgets/Pastry Tools  Mixing Bowl Measuring Spoons Measuring Cups Ruber spatulas Bench Scraper (optional) Bowl Scraper (optional) Flat Cookie Spatula
Appliances  ☐ Oven & Cooktop  ☐ Fridge & Freezer Access  ☐ Kitchen Aid or Heavy Duty Hand Mixer & Mixing Bowl
Other:  Parchment Paper Sifter for sifting dry ingredients

<sup>\*\*</sup>Items marked with an asterisk are important for recipe success.